



Advanced Module 170 Hours Teacher Training Schedule 2010

DATE	TOPIC	CREDIT HOURS
6/12/2010	Asana Standing Poses Shanan 1:30-6:30	5
6/19/2010	Core (Please have Gita by this class) Linda W. 1:30-6:30	5
6/26/2010	Meditation Workshop Nissim 1:30-4:30	3
7/10/2010	Bhagavad Gita Narayan 1:30-6:30	5
7/24/2010	Asana Inversions Shanan 1:30-6:30	5
8/7/2010	Core Linda 1:30-6:30	5
8/21/2010	Ayurveda Arun Deva 1:30-5:30	4
8/28/2010	Pranayama Shannon 3-6	3
9/11/2010	Buddhism Narayan 1:30-4:30	3
9/25/2010	Asana Forward Bends Shanan 1:30-6:30	5
10/2/2010	Bhandas & Mudras Pradipika Emily Koslovski 1:30-4:30	3
10/16/2010	Core Linda 1:30-6:30	5
10/30/2010	Chanting from the Sutras Emily Koslovski 1:30-4:30	3

11/13/2010	Teaching Intermediate TBA 1:30-4:30	3
11/20/2010	Practice Teach TBA 1:30-4:30	3
12/4/2010	Asana Backbends Shanan 1:30-6:30	5
12/11/2010	Teaching Beginners/Gentle Blair 1:30-4:30	3
1/8/2011	Core Linda 1:30-6:30	5
1/15/2011	Practice Teach TBA 1:30-6:30	5
1/29/2011	Asana Twists Shanan 1:30-6:30	5
2/12/2011	Practice Teach TBA 1:30-4:30	3
2/19/2011	Core/Graduation Linda/Blair 1:30-6:30	5

6/5/2010-2/19/2011

Independent Study

Estimated Homework Required minimum is 52 hours which is a minimum of 1½ hours per week
(63 Total with main module 11 hrs)

Practicum assisting in class minimum 18 hours

Class Practice in E-RYT Class minimum 28 hours



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